

		Wednesday 1	Thursday 2	Friday 3 EO
		*Banana Muffin 1.5 oz Orange Juice 4oz Peaches 1/2 cup Milk 8oz	*Biscuits&Gravy 2oz Apple 1/2 cup Raisins 1/4 cup Milk 8oz	Yogurt Bar 4oz *Granola 1oz Banana 1/2 cup Blueberries 1/2 cup Milk 8oz
Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10 EO
*Waffles 2oz Apple 1/2 cup Cranberries 1/4 cup Milk 8oz	Cream of Wheat 1 cup *Cinnamon Toast 2oz Oranges 1/2 cup Apple Juice 4oz Milk 8oz	*Breakfast Sandwich 4oz Strawberries 1/2 cup Raisins 1/4 cup Milk 8oz	*Cereal 1 cup Apple 1/2 cup Cranberries 1/4 cup Milk 8oz	Breakfast Burrito 2oz *Tortilla 2oz Pear 1/2 Cup Raisins 1/4 cup Milk 8oz
Monday 13	Tuesday 14	Wednesday 15	Thursday 16	Friday 17 EO
*Biscuits&Gravy 2oz Orange Juice 4oz Apple 1/2 cup Milk 8oz	*Bagel 2oz Cream Cheese Apple Sauce Cup 4oz Raisins 1/4 cup Milk 8oz	*Blueberry Muffin 1.5 oz Oranges 1/2 cup Cranberries 1/4 cup Milk 8oz	Yogurt Bar 4oz *Granola 1oz Stawberries 1/2 cup Raisins 1/4 cup Milk 8oz	*French Toast Sticks 3oz Banana 1/2 cup Cranberries 1/4 cup Milk 8 oz
Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24 EO
*Oatmeal 1 cup Apple 1/2 cup Raisins 1/4 cup Milk 8oz	*Cereal 1 cup Orange Juice 4oz Fruit Cup 4oz Milk 8oz	*Waffles 2oz Apple Sauce 1/2 cup Raisins 1/4 cup Milk 8oz	*Bagel 2oz Cream Cheese Apple 1/2 cup Cranberries 1/4 cup Milk 8oz	*Biscuits&Gravy 2oz Pears 1/2 cup Raisins 1/4 cup Milk 8oz
Monday 27	Tuesday 28	Wednesday 29	Thursday 30	Friday 31 EO
*Cereal 1 cup Peaches 1/2 cup Cranberries 1/4 cup Milk 8oz	*Pancakes 2oz Apple 1/2 cup Orange Juice 4oz Milk 8oz	Cream of Wheat 1 cup * Cinnamon Toast 2oz Mixed Fruit 1/2 cup Raisins 1/4 cup Milk 8oz	Yogurt Bar 4oz *Granola 1oz Apple 1/2 cup Raisins 1/4 cup Milk 8oz	*Spiced Brick 1.5 Chicken Hearts 1/2 cup Apple Blood 4oz Ghost Tears 8oz

A variety of fruits and vegetables served daily.

Vegetarian options everyday. *Whole grain/Enriched.

Nonfat unflavored milk and 1% unflavored milk served daily.

The USDA and CDE are equal opportunity provider and employers.

Menu subject to change

		Wednesday 1	Thursday 2	Friday 3 EO
		Chicken Alfredo 3/4 cup *Pasta 1 cup Salad Bar 3/4 cup Apple 1/2 cup Milk 8oz	*Orange Chicken 2oz *Rice 1oz Salad Bar 3/4 cup Banana 1/2 cup Milk 8oz	PB&J Sandwich 1oz *Bread 2oz Salad Bar 3/4 cup Watermelon 1/2 cup Milk 8oz
Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10 EO
*Grilled Chesse 3oz Tomato Soup 1/2 cup Salad Bar 3/4 cup Mixed Fruit 1/2 cup Milk 8oz	Chicken Fajita 2oz *Tortilla 2oz Salad Bar 3/4 cup Apple 1/2 cup Milk 8oz	Cheese Pizza 2oz *Bread Stick 1oz Salad Bar 3/4 cup Banana 1/2 cup Milk 8oz	Meatballs 2oz *Roll 1oz Mashed Potatoes 1/2 cup Apple 1/2 cup Milk 8oz	*Chicken Sandwich 3oz *Bun 2oz Salad Bar 3/4 cup Honey Dew Melon 1/2 cup Milk 8oz
Monday 13	Tuesday 14	Wednesday 15	Thursday 16	Friday 17 EO
Taco Soup 1 cup *Corn Bread 1oz Salad Bar 3/4 cup Fruit Medley 1/2 cup Milk 8oz	Bean&Cheese Burrito 2oz *Tortilla 2oz Salad Bar 3/4 cup Apple 1/2 cup Milk 8oz	*Corn Dog 4oz Wedges 1/2 cup Salad Bar 3/4 cup Banana 1/2 cup Milk 8oz	Spaghetti 3/4 cup *Pasta 1 cup Salad Bar 3/4 cup Apple 1/2 cup Milk 8oz	Cheeseburger 2oz *Bun 2oz Salad Bar 3/4 cup Kiwi 1/2 cup Milk 8oz
Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24 EO
Hot Dog 2oz *Bun 2oz Mac&Cheese 1/2 cup Salad Bar 3/4 cup Mixed Fruit 1/2 cup Milk 8oz	Nacho Bar 2oz *Tortilla Chips 2oz Salad Bar 3/4 cup Pear 1/2 cup Milk 8oz	Pepperoni Pizza 2oz *Breadstick 1oz Salad Bar 3/4 cup Apple 1/2 cup Milk 8oz	Roasted Chicken 2oz *Biscuit 2oz Mixed Veggies 3/4 cup Fruit Cup 1/2 cup Milk 8oz	Sloppy Joes 2oz *Bun 2oz French Fries 1/2 cup Veggie Bar 3/4 cup Watermelon 1/2 cup Milk 8oz
Monday 27	Tuesday 28	Wednesday 29	Thursday 30	Friday 31 EO
Chili 3/4 cup Baked Potato Bar 3/4 cup *Corn Bread 1oz Apple 1/2 cup Milk 8oz	Beef Tostada 2oz *Tostada 2oz Vegetables 3/4 cup Fruit Cup 1/2 cup Milk 8oz	Pasta Bar 3/4 cup *Pasta 1oz Salad Bar 3/4 cup Apple 1/2 cup Milk 8oz	Pizza Grilled Cheese 2oz *Bread 2oz Salad Bar 3/4 cup Peaches 1/2 cup Milk 8oz	Bawk Bites 2oz *Stress Ball 1oz Chicken Scratch 3/4 cup Sleeping Fruit 1/2 cup Ghost Tears 8oz

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